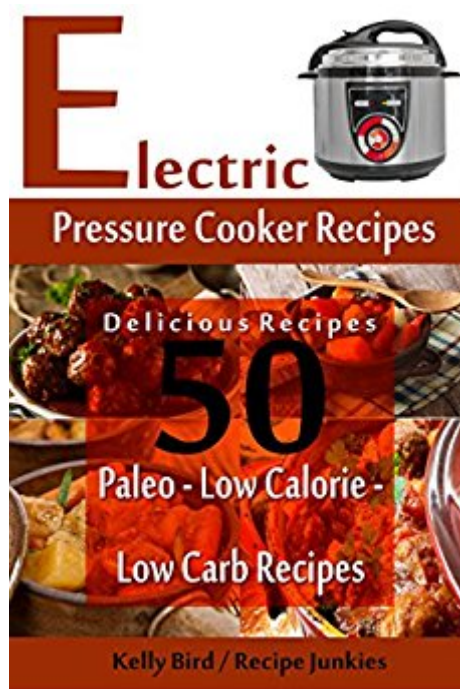




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Electric Pressure Cooker Recipes - 50 Delicious Recipes - Paleo, Low Calorie, Low Carb Recipes



Synopsis

This recipe book is printed both in paperback, & eBook formats. Other than a slow cooker, & rice cooker, a pressure cooker is just about the simplest, and best choices for easy cooking, prep, cleaning, that you can find! If you do not own an electric pressure cooker, than do yourself a favor, and grab one today! You will be so glad that you did! Check out some of these delicious recipes that we have for you today... Bone Broth Eggplant and Olive Spread Chickpea Hummus Mango Chutney Tapioca Pudding Beet and Caper Salad Steamed Artichokes Pressure Cooker Chicory Spaghetti Squash with Garlic Sage Sauce Barbecue Sauce Grain free meatballs Corned Beef and Cabbage Braised Beef Ribs Pork Roast with Sage, apple and Coppa Spicy Buffalo Wings Zucchini Pesto Hot Sauce Tandoori BBQ Pork Ribs Beef Stew Porcini Mushroom Pate Cranberry Braised Turkey Wings Steamed Carrots Olive and Lemon Ligurian Chicken Pork and Hominy Stew (Pozole) Cherry Tomato Chicken Cacciatore Pulled Pork White Beets and Garlic SautÃ© Coconut curry fish Moroccan Lamb Tajine Pork chops and Cabbage Spicy Cauliflower Citrus Salad Cream of Butternut Squash Soup Braised Pork Loin Chicken Liver Pate Peperonata Sauce Summer Vegetable Medley Lamb Shanks Spanish Chorizo Oxtail Kalua Pig Hawaiian BBQ Chicken Mocha Rubbed Pot Roast Kielbasa and Sauerkraut Porcini and Tomato Beef Short Ribs German Kielbasa with Cabbage and Broccoli Slaw Jambalaya Apple and Onions Pork Tenderloin Chicken Soup Pork Chop Suey Roasted Garlic Enjoy the recipes!

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Pressure Cookers

Customer Reviews

Although I would use one or two recipes from this cookbook, I don't believe that it uses the electric pressure cooker in its full potential. The recipes are pretty similar and I wanted something a little more different. It's an effort from the author to create a guide like this, about the Paleo diet, but just not enough.

I like the variety and the directions are easy to understand. I can't wait to try so many of these. I will try some in the oven too just for fun.

Fantastic collection of tasty, international recipes. Recipe Junkies always deliver! Easy and yummy.

I do not like any of the recipes. They are not appealing to my food likes. I wanted a more practical information on uses of a pressure cooker.

So easy

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